

## Entrees

*Served over rice with your choice of fries, Lebanese salad or sautéed veggies. Choose 2 out of 3.*

**Chicken Shish Tawook** \$16.99

*2 skewers of chicken cubes, marinated and cooked on the grill.*

**Beef Shish Kabab** \$17.99

*2 skewers of Ribeye beef, marinated and grilled.*

**Kafta** \$16.99

*4 pieces of lean ground meat, minced with parsley, onions, and flavorful spices. Grilled.*

**Mixed Grill** \$23.95

*Enjoy all the flavors of chicken shish tawook, beef shish kabab and kafta.*

**Grilled Lamb Chops 4(pcs)** \$22.95

**Kibbi Mishwiyi (Grilled) 2 pc** \$18.95

**Turkey Kibbi Flat Pan 4 (pcs)** \$15.95

*Lean turkey meat, cracked wheat, seasonings, and baked in the oven.*

**Kibbi Flat Pan 4 (pcs)** \$17.95

*Lean meat, cracked wheat, seasonings, and baked in the oven, two layers.*

**Sheikh'l Mihchi Special order** \$16.95

*Half fried eggplant stuffed with ground meat, onions, mint, tomatoes, and then baked in tomato sauce, and seasonings. Serves two.*

**Okra Beef Stew Special order** \$16.95

*Beef Tenderloin, sautéed onions, garlic, okra, diced tomatoes, tomato sauce, seasonings.*

**Baked Salmon Special order** \$21.95

*Wild Caught Salmon, seasoned and topped with lemon juice, olive oil.*

**We do home catering order for family meals. All orders are placed in the morning, and get picked after 5 pm.**

**Please ask us about it.**

**TABOULEH**  
**LEBANESE CUISINE**  
3546 Ambassador Caffrey Pkwy,  
Suite 104  
Lafayette, LA. 70503  
337-534-0202



Some of our food are seasoned with cinnamon spices. Please alert the server with any dietary needs or allergies!

**BON APPÉTIT**

## Appetizers

**Mankoosh/Zaatar** \$4.50

*Ground thyme, sesame seed, sumac, salt, olive oil served on a toasted flat bread.*

**Sfeeha** \$6.50

*Mix of ground meat, tomatoes, onions, salt, pepper, cinnamon and spices. Served on a toasted flat bread.*

**Hummus** \$4.50

*Chickpeas blended with tahini, lemon juice and topped with virgin olive oil.*

**Baba Ghanoush** \$4.99

*Charbroiled eggplant pureed with tahini, garlic, lemon juice and olive oil.*

**Stuffed Grape Leaves/Veg. 5 (pcs.)** \$4.99

*Grape leaf, rice, onions, mint, salt, pepper, lemon juice, and olive oil.*

**Meat Grape Leaves/ Meat 3 (pcs.)** \$6.99

**Labneh** \$4.25

*Traditional strained yogurt cheese, topped with virgin olive oil.*

**Fries**

French fries \$3.75 Hal.Fried Cheese \$8.99

**Falafel 4 (pcs.)** \$4.99

*Mix of ground fava beans and chickpeas, vegetables, fried.*

**Spinach Pie** \$5.99

**Fried Kibbi /Meat 2 (pcs.)** \$6.99

*Lean ground meat, cracked wheat, seasonings, stuffed with meat, mint, pine nuts and then deep fried.*

**Chicken Cinnamon Rice 1 (cup)** \$6.99

*Ground meat, Onions, Rice, Cinnamon, Chicken, & Nuts*

**Meza** \$16.95

*Combination of sfeeha, hummus, stuffed grape leaves (2), falafel (2), and labneh.*

**Veggie Meza** \$15.95

*Combination of Spinach pie, hummus, baba ghanoush, falafel (2), stuffed grape leaves (2).*

## WRAPS SPECIALS

ALL WRAPS ARE SERVED WITH SALAD AND HUMMUS

### PITA WRAPS

**1- Beef Shawarma \$11.95**  
Marinated and grilled cut flap tips, tomatoes, pickles, onions and tahini sauce.

**2- Chicken Shawarma \$9.95**  
French fries, garlic sauce, tomatoes, and pickles.

**3- Kafta Wrap \$9.95**  
Charbroiled lean ground meat, hummus, lettuce, tomatoes and house dressing.

**4- Chicken Shish Tawook \$9.95**  
Seasoned chicken cubes, hummus, lettuce, tomatoes, and house dressing.

**5- Falafel Wrap \$8.95**  
Tomatoes, pickles, tahini sauce.

**Add Sampler**

**Tabouleh \$4.99**

### Original Essie's Med. Fried Chicken

**Dark 2pcs with fries \$7.99**

**White 2pcs with fries \$8.95**

**Due to the instability and fluctuation of MEAT PRICES. Prices may vary from day to day.**

**Sorry out of our control!**



Veggie Meza

### Salads

**Lebanese Salad \$7.99**

Lettuce, tomatoes, cucumbers, and tossed in house dressing.

**Tabouleh Salad \$8.99**

Parsley, mint, tomatoes, cracked wheat, cucumbers, lemon juice, and olive oil.

**Fattouch Salad \$8.99**

Lettuce, mint, tomatoes, cucumbers, green onions, radish, bell peppers, sumac, and served with toasted pita bread. Tossed in house dressing.

**Add Meat**

**Chicken 4 oz \$3.00**

**Beef 4 oz \$5.00**

### Burgers

*Served with French fries*

**Hamburger 1/4 lb \$ 9.50**

*Beef patty, lettuce, tomatoes, and pickles.*

**Double Hamburger \$11.50**

*Double beef patties, lettuce, tomatoes, and pickles.*

**Turkey Burger \$9.95**

**Add Cheese \$1.00**

### Chicken Strips

*Served with French fries*

**Fried or Grilled 3 (pcs.) \$6.50**

**Fried or Grilled 5 (pcs.) \$8.50**

### Drinks

**Water \$1.00**

**Soda \$2.50**

**Tea \$2.50**

**Yogurt \$3.00**

**Jilab \$4.25**

**Lebanese tea \$3.50**

**Lebanese Coffee \$2.50**

### Desserts

**Backlava \$1.75**

**Knafe \$4.75**

**Everything is served fresh !**